

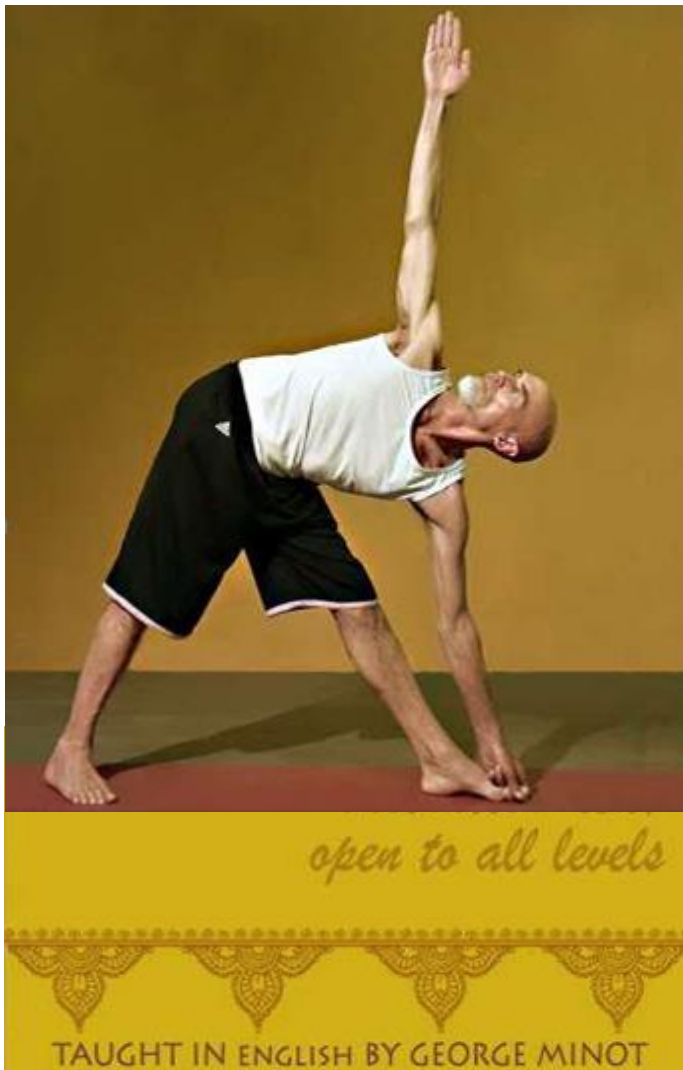


# ASHTANGA YOGA ONLINE CLASSES

WITH GEORGE MINOT

**On Zoom**

For Coop Members Only



On Mondays and Wednesdays,

6-7:30 p.m.

FEE: 15 € per class - buy as many as you like.

Or 12 per class if you buy 10 - for 120€.

FIRST LESSON FREE OF CHARGE

Also available live Saturday social distance classes

in the garden, Via Appia Antica 251 at 11.

If it rains, class will be held on Sunday.

For info on registration and payment and to get on the mailing list: email [gminot@gmail.com](mailto:gminot@gmail.com) with [fao-staff-coop@fao.org](mailto:fao-staff-coop@fao.org) in copy.

For more information: FAO Staff Coop –  
tel. 0657053142 / email: [fao-staff-coop@fao.org](mailto:fao-staff-coop@fao.org)