

FAO Staff Coop In cooperation with

JANUARY 2021





Saturday 30 January 2021 Roman Obelisks Guided Bike Tour

Enjoy your guided bike tour, discovering the roman Obelisks with Paolo, expert mountain bike Guide and Giulietta, a roman Tour Leader, speaking English, French and Spanish!!

Meeting point : 9:00 hrs – Metro Station, Viale Aventino (FAO) Start: 9:15 hrs

Rome is the city that preserves the largest number of Obelisks in the world. These monuments, mostly of Egyptian origin, have no urban function and still represent an important, decorative and monumental symbol with own stories and anecdotes.

- Length about 20 km (4-5 hours).
- Difficulty: easy.
- Ability to bike for many hours and a good level of fitness are mandatory.
- Ability to ride on roads open to car traffic is required.
- HELMET OBLIGATORY

Price: € 30 per person to be paid directly at meeting point . A €5 special discount will be applied to those who bring other people (relatives or friends).

Bike rental options:

Bike and helmet provided and picked up by the Guide: € 15 per person

- Easy Bike Rent, Via dei Cerchi, 59 tel. 06 83958250, 375 5678174, info@easybikerent.it
- Collalti Bici, tel. 06 68801084

Booking:

Send an email to: paolo.antonini@scuoladimtb.eu and fao-staff-coop@fao.org not later than **Friday 29 January** (the sooner you book, the better)

Tour may be canceled in case of bad weather.

More info:

Paolo Antonini, Mountain Bike Guide mobile 333 4816341 mail:paolo.antonini@scuoladimtb.eu

In order to take part in the proposed activities, you have to become a member by registering on our website (<u>https://www.faostaffcoop.org/</u>). <i>If you already are a member, you can just renew your membership for the year 2021.

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