





Specialized in Ayurvedic Naturopathy, Ayurvedic and Aromatherapy Massage Therapist, Graduate in Human Nutrition Science, Life Coach, Mindfulness and Mindful eating

SERVICES

Naturopathy and nutrition counseling

Euro 80,00 - duration 1 h

Total body treatments (ayurveda, aromatherapy, decontracting)

Euro 60,00 - duration 1 h

Pathways to personal growth

Euro 60,00 - duration 1 h

Meditation sessions (mindfulness)

Euro 40,00 - duration 45'

Counseling and meditation sessions can take place either in-person or online

DISCOUNT RESERVED FOR FAO STAFF COOP MEMBERS:

10% on all services, excluding meditation sessions

Costs are exclusive of taxes and stamps.

FAO Staff Coop members are invited to show their FAO Staff Coop membership cards as proof of membership

Tel/Whatsapp: 347 75 55 011 - Email: <u>info@ayurvedicamente.it</u> www.ayurvedicamente.it

Address: Via Antonio Smareglia, 1, 00143 Roma RM

Agreement valid until 31.12.2025