



FAO STAFF COOP



TAI CHI

For the well-being of the body, mind and spirit

TAIJI QUAN and

QIGONG Therapeutic and Taoist

FRIDAYS 12:00—13:00

FAO- GYM "B"

Starting on 6 September 2024

TRIAL LESSON: FREE OF CHARGE

4 classes (to be used within a month): 50€

Single class: 15€

Maestra PAOLA WU MIN YI

National Champion of Tai Chi in 1989-90-91, Thirty-year teaching experience

President of the Cultural Association "Tra Cielo e Terra" (San Saba area -- 3474110273)

FOR INFO AND BOOKING: fao-staff-coop@fao.org / 0657053142 (ROOM E016 – FAO)

Kindly note that FAO Staff Coop is in no way responsible for services provided by third parties who respond directly to clients.