

*"Better to pay the man with the oil  
and spare the medical expenses"*  
Tamil proverb

## AYURVEDIC TREATMENT, WHAT ARE THEY?

AYURVEDIC TREATMENT with oil SLOWS DOWN aging,  
ELIMINATES fatigue and muscle aches, IMPROVES sleep,  
physical strength and PROLONGS life.

**Getting a treatment with herbal Ayurvedic medicated massage oils helps to:**

- rebalance the physical, mind and energy levels
  - improve nervous system symptoms and disorders such as anxiety, insomnia, panic attacks, migranes, burnout
  - remove physical and mind fatigue
- ... and much more!



15% discount  
for all UN staff

### TRADITIONAL AYURVEDIC MASSAGE

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